

# ***Using Magic Tricks in a Therapeutic Setting***

## **3-Hour Course**

**Instructor: Kevin Spencer, Adjunct Assistant Professor in Occupational Therapy  
University of Alabama/Birmingham**

### **Course Objectives**

1. Demonstrate an understanding of the therapeutic benefits of magic tricks in client treatment.
2. Distinguish which clients are appropriate for this type of treatment modality.
3. Evaluate and identify which magic trick(s) can be most beneficial to achieve a specific client goal.

### **Who Should Attend**

Occupational Therapists  
Certified Hand Therapists  
Physical Therapists  
Recreation Therapists

Occupational Therapy Assistants  
Speech/Language Pathologists  
Physical Therapy Assistants  
Child Life Specialists

### **What You Will Learn**

1. The history, research, concepts, and implementation of “magic therapy” in a clinical setting.
2. A repertoire of simple magic tricks that can be used to address:
  - a. Cognitive Skills
  - b. Fine Motor Skills
  - c. Gross Motor Coordination
  - d. Sensory Motor Skills
  - e. Communication Skills
  - f. Memory
  - g. Attention & Concentration

# HEALING OF MAGIC

## THREE-HOUR COURSE SCHEDULE

(3 Contact Hours Awarded)

- I. Introduction to Healing of Magic (30 minutes)
  - A. PowerPoint Presentation (brief introduction, history, concepts)
  - B. Program Implementation
  
- II. Hands-On Teaching Session (2 hours; one 15 minute break)
  - A. Beginner Magic Tricks
    1. Challenge Knot
    2. Linking Paper Clips
    3. Floating Magic Wand
    4. Instant Knot
  - B. Intermediate Magic Tricks
    1. Jumping Rubber Band Routines
    2. Head Over Heels
  - C. Advanced Magic Tricks
    1. Threading the Needle
    2. Impossible Knot Challenge
    3. Vanishing Knot
  
- III. Guidelines for Use in a Therapeutic Setting (15 minutes)
  - A. Patient Selection
  - B. Insurance and Billing Issues
  
- IV. Questions & Answers (15 minutes)